

WPCSSA

REGIONALS



WPCSSA

7 FEBRUARY 2026

VAN RIEBEECK STADIUM

MOSSEL BAY

ITEMS			
1	8:00	G10	TURBOJAV
2		B10	TURBOJAV
3		G11	SHOTPUT
4		B11	SHOTPUT
5		G13	LONG JUMP
6		B13	LONG JUMP
7		G u16	HIGH JUMP
8		B u16	HIGH JUMP
9		B u16	HAMMER
10		M u18	HAMMER
11		M u20	HAMMER
12		G u16	3000m
13		B u16	3000m
14		W u18	3000m
15		M u18	3000m
16		W u20	3000m
17		M u20	3000m
18	8:30	G6	60m
19		B6	60m
20	8:42	G7	60m
21		B7	60m
22	8:50	G11	TURBOJAV
23		B11	TURBOJAV
24	8:54	G8	60m
25		B8	60m
26	9:00	G u16	HAMMER
27		W u18	HAMMER
28		W u20	HAMMER
29		G14	LONG JUMP
30		B14	LONG JUMP
31		M u18	SHOTPUT
32		M u20	SHOTPUT
33		W u18	HIGH JUMP
34		W u20	HIGH JUMP
35	9:06	G9	60m
36		B9	60m
37	9:30	G10	80m
38		B10	80m
39	9:40	G8	TURBOJAV
40		B8	TURBOJAV
41	9:45	G11	80m
42		B11	80m
43	10:00	G13	1500m
44		B13	1500m
45		G10	SHOTPUT

ITEMS			
46	10:00	B10	SHOTPUT
47		G12	LONG JUMP
48		B12	LONG JUMP
49		G u16	DISCUS
50		B u16	DISCUS
51		G11	HIGH JUMP
52		B11	HIGH JUMP
53	10:02	G14	1500m
54		B14	1500m
55	10:12	G u16	1500m
56		B u16	1500m
57	10:20	W u18	1500m
58		M u18	1500m
59	10:30	W u20	1500m
60		M u20	1500m
61		G12	JAVELIN
62		B12	JAVELIN
63	10:45	G6	80m
64		B6	80m
65	11:00	G7	80m
66		B7	80m
67		G11	LONG JUMP
68		B11	LONG JUMP
69		G10	HIGH JUMP
70		B10	HIGH JUMP
71		G14	DISCUS
72		B14	DISCUS
73	11:15	W u18	SHOTPUT
74		W u20	SHOTPUT
75		G8	80m
76		B8	80m
77	11:20	G13	JAVELIN
78		B13	JAVELIN
79	11:35	G9	80m
80		B9	80m
81	12:00	G10	1200m
82		B10	1200m
83		G12	HIGH JUMP
84		B12	HIGH JUMP
85		G10	LONG JUMP
86		B10	LONG JUMP
87		G u16	SHOTPUT
88		B u16	SHOTPUT
89		W u18	DISCUS
90		W u20	DISCUS

ITEMS			
91	12:10	G9	TURBOJAV
92		B9	TURBOJAV
93	12:15	G11	1200m
94		B11	1200m
95	12:30	G12	1200m
96		B12	1200m
97	13:00	G7	600m
98		B7	600m
99		G8	600m
100		B8	600m
101		G12	DISCUS
102		B12	DISCUS
103		G14	SHOTPUT
104		B14	SHOTPUT
105		G13	HIGH JUMP
106		B13	HIGH JUMP
107		G14	JAVELIN
108		B14	JAVELIN
109	13:10	G9	600m
110		B9	600m
111	13:20	G13	800m
112		B13	800m
113	13:28	G14	800m
114		B14	800m
115	13:36	G u16	800m
116		B u16	800m
117	13:44	W u18	800m
118		M u18	800m
119	13:52	W u20	800m
120		M u20	800m
121	14:00	G12	SHOTPUT
122		B12	SHOTPUT
123		G13	DISCUS
124		B13	DISCUS
125		G u16	JAVELIN
126		B u16	JAVELIN
127		M u18	HIGH JUMP
128		M u20	HIGH JUMP
129		W u20	LONG JUMP
130		M u20	LONG JUMP
131	14:15	G10	100m
132		B10	100m
133	14:27	G11	100m

ITEMS			
134	14:27	B11	100m
135	14:40	G12	150m
136		B12	150m
137	14:50	G13	200m
138		B13	200m
139	15:00	G14	200m
140		B14	200m
141		G13	SHOTPUT
142		B13	SHOTPUT
143		G u16	LONG JUMP
144		B u16	LONG JUMP
145		G14	HIGH JUMP
146		B14	HIGH JUMP
147		W u18	JAVELIN
148		M u18	JAVELIN
149		M u18	DISCUS
150		M u20	DISCUS
151	15:05	G u16	200m
152		B u16	200m
153	15:10	W u18	200m
154		M u18	200m
155	15:15	W u20	200m
156		M u20	200m
157	15:20	G12	100m
158		B12	100m
159	15:25	G13	100m
160		B13	100m
161	15:30	G14	100m
162		B14	100m
163		W u20	JAVELIN
164		M u20	JAVELIN
165		W u18	LONG JUMP
166		M u18	LONG JUMP
167	15:40	G u16	100m
168		B u16	100m
169	15:50	W u18	100m
170		M u18	100m
171	15:00	W u20	100m
172		M u20	100m
173	16:10	G14	400m
174		B14	400m
175	16:12	G u16	400m
176		B u16	400m
177	16:14	W u18	400m
178		M u18	400m
179	16:16	W u20	400m
180		M u20	400m

