

# WPCSSA - Athletics Events Offered 2026

An Athlete may participate in 6 individual events at PROVINCIAL Meeting

An Athlete may participate in MAXIMUM 4 individual events at the NATIONAL Meeting

Year Born	Age Group	EVENTS OFFERED																	
		60m	80m	100m	150m	200m	400m	600M	800m	1200m	1500m	3000m	L / Jump	H / Jump	Shot Put	Discus	Turbo	Hammer	Javelin
2020	6	X	X																
2019	7	X	X					X											
2018	8	X	X					X									X		
2017	9	X	X					X									X		
2016	10		X	X						X			X	X	X		X		
2015	11		X	X						X			X	X	X		X		
2014	12			X	X					X			X	X	X	X			X
2013	13			X		X			X		X		X	X	X	X			X
2012	14			X		X	X		X		X		X	X	X	X			X
2011	Sub Youth 15			X		X	X		X		X	x	X	X	X	X		x	X
2009/10	Youth (17)			X		X	X		X		X	x	X	X	X	X		x	X
2007/08	Junior (19)			X		X	X		X		X	x	X	X	X	X		x	X

Age Groups 6 will progress as far as Provincial Level

Age Groups 7 to Junior will progress to & past National level on a selection basis

X shows available events