

WPCSSA - Athletics Entries 2019

SCHOOL: Cape Home Educators

Athletes may do a maximum of 6 events

Surname	Name	Date of Birth	M / F	Age (31 Dec '19)	EVENTS OFFERED													
		yyyy/mm/dd			60m	80m	100m	150m	200m	400m	600m	800m	1200m	1500m	3000m*	L / Jump	H / Jump	Shot Put

Example:

[illegible][illegible]

Age Groups 6 will progress as far as Provincial Level

Age Groups 7& 8 to Junior will progress to & past National level on a selection basis

* only at Provincial meet.

Events per age group

WPCSSA - Athletics Events Offered 2019

NOTE: An Athlete may participate in 6 individual events at REGIONAL Meeting

An Athlete may participate in 6 individual events at PROVINCIAL Meeting

An Athlete may participate in MAXIMUM 4 individual events at National Meeting

Year Born	Age Group	EVENTS OFFERED																
		60m	80m	100m	150m	200m	400m	800m	1200m	1500m	3000m	L / Jump	H / Jump	Shot Put	Discus	Turbo	Javelin	Relay*
2013	6	X	X															
2012	7	X	X															
2011	8	X	X					600								X		
2010	9	X	X					600								X		
2009	10		X	X					X			X	X	X		X		X
2008	11		X	X					X			X	X	X		X		
2007	12			X	X				X			X	X	X			X	X
2006	13			X		X		X		X		X	X	X	X		X	
2005	14			X		X	X	X		X		X	X	X	X		X	
2004	Sub Youth 15			X		X	X	X		X	X	X	X	X	X		X	X
2002 / 03	Youth (17)			X		X	X	X		X	X	X	X	X	X		X	X
2000/ 01	Junior (19)			X		X	X	X		X	X	X	X	X	X		X	X

Age Groups 6 will progress as far as Provincial Level

Age Groups 7 to Junior will progress to & past National level on a selection basis

* Relay only when time permits it at Provincial meet.